

# HIV, Other STD, and Teen Pregnancy Prevention and

Montana Students

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## What is the problem?

The 2015 Montana Youth Risk Behavior Survey indicates that among high school students:

#### **Sexual Risk Behaviors**

- 44% ever had sexual intercourse.
- 3% had sexual intercourse for the first time before age 13 years.
- 13% had sexual intercourse with four or more persons during their life.
- 32% had sexual intercourse with at least one person during the 3 months before the survey.
- 41% did not use a condom during last sexual intercourse. (1)
- 9% did not use any method to prevent pregnancy during last sexual intercourse. (1)
- 16% were never taught in school about AIDS or HIV infection. (2)

### **Alcohol and Other Drug Use**

- 20% drank alcohol or used drugs before last sexual intercourse. (1)
- 2% used a needle to inject any illegal drug into their body one or more times during their life.

## What are the solutions?

More health education • More comprehensive health services • More supportive policies • More family involvement

## What is the status?

The 2014 Montana School Health Profiles indicates that among high schools:

### **Health Education**

- 90% required students to take 2 or more health education courses.
- 45% taught 16 key HIV, STD and pregnancy prevention topics in a required course.
- 88% taught how to access valid and reliable health information, products, or services related to HIV, other STDs, and pregnancy in a required course.
- 33% had a lead health education teacher who received professional development during the 2 years before the survey on HIV prevention.
- 26% had a lead health education teacher who received professional development during the 2 years before the survey on pregnancy prevention.

## **Health Services**

17% had a full-time registered nurse who provides health services to students at school.

#### **Supportive Policies**

- 20% had a gay/straight alliance or similar club.
- 26% provided curricula or supplementary materials that include HIV, STD or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, or questioning (LGBTQ) youth.

#### **Family Involvement**

- 15% provided parents and families health information to increase parent and family knowledge of HIV prevention, STD prevention, or teen pregnancy prevention.
- 1. Among students who were currently sexually active [sexual intercourse during the past 3 months].
- 2. 2013 Montana YRBS.